## What could I learn? Here are some of the topics that could be covered?

The First Trimester **Prenatal** Care Nutrition **Going it Alone** Your Developing Baby Smoking Ultrasound What's Safe. What Isn't Bonding with your Baby Your Changing Body **The Second Trimester** A Look At Adoption **Reducing the Risk of SIDS Amazing Talents of Your Baby** Your Baby's Secret World The Third Trimester **Getting Ready for Baby Eve Contact Means Love Infant Temperament** The Importance of Bonding **Infant Massage** Newborn Care Crying, Colic and Sleep **Caring for Yourself The First Years Last Forever** Safe and Healthy Environment Parent Child Relationship Self-Esteem **Quality Child Care** Accidents Illnesses **Car Seat Safety** Your Baby Can Sleep **Discipline With Love** Food for Growth **Breast Feeding Basics** Your Child's Development Never Shake a Baby Postpartum **Readv to Learn** Happiest Baby on the Block **Protecting Your Child from Molestation Toilet Training** 



Wouldn't it be great to *know* that you are being a *GREAT* parent?...to know that you are doing what you need to do to raise your child right? ...and to be earning the items you need for your baby while you are learning? Come in and talk to us or give us a call today!

For more information about our EARN WHILE YOU LEARN PROGRAM

*Please Contact:* The Pregnancy Center of SW. GA. 320 N. Crawford Street Thomasville, GA. 31792 (229) 226-0510

*New Location* The Pregnancy Center of SW. GA. 930 4th Street SE. Cairo, Georgia (229) 397-0350

## Earn While You Learn

Be the Best Parent You Can Be!



Earn What Your Baby Needs!





Could the Earn While You Learn Program help you?

Pregnancy and parenting are filled with lots of uncertainty. This program helps to answer many of the questions you have and ease your anxiety.

You can "Earn While You Learn" -With each lesson that you complete you will earn credits for baby supplies and other materials.

Many people want to learn how to be good parents and raise a healthy happy child.

The center staff is available to provide support and resources during this time of transition and change.

The lessons are fun, interesting and practical. We can help you learn how to be the best parent you can be!

## Earn things your baby needs:

As part of our Earn While You Learn Parenting Program, we give you an opportunity to earn credits that you can use to "purchase" materials like maternity and baby clothes, blankets, diapers, formula and other much needed supplies.

We may even have items like cribs, strollers and other baby furniture available through the program. At our center we provide you with an opportunity to learn how to be the best parent you can be. Earn While You Learn will help you to understand what to expect in pregnancy and beyond.

Through regular lessons that include videos and worksheets, you'll learn important and interesting information about your pregnancy and your baby.





There are a number of topics to choose from and our peer counselors will put together a lesson plan that is unique to your needs.

And best of all, you will work with a parenting instructor who will be able to help you better understand the challenges and joys that lie ahead for you and your baby.

We would love to have you involved in our program and show you the materials you can earn from our center!

